

CrossRef DOI of original article:

1 Autoimmune Responses and the Roles of Virus Infections,
 2 Complimentary Peptides, Phosphatidylserine and Physiologic
 3 Checkpoint Molecules in their Generation

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5 *Received: 1 January 1970 Accepted: 1 January 1970 Published: 1 January 1970*

6
7 **Abstract**

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9 *Index terms—*

10 **1 Autoimmune Responses and the Roles of Virus**

11 Infections, Complimentary Peptides, Phosphatidylserine and Physiologic Checkpoint Molecules in their Genera-
12 tion James R Kennedy

13 **2**

14 When there are two complimentary peptides on the class I major histocompatibility (MHC) complexes present
15 on a cell's surface and the foreign peptide present on a virus binds to a complimentary peptide on the class I
16 MHC of one of them this will produce both an adaptive, and an innate autoimmune response. The adaptive
17 response will be to the foreign virus peptide exposed on the class I MHCs of the infected cells and the innate
18 autoimmune response will be to the self-peptide exposed on the uninfected cells that are complimentary to the
19 peptide the virus binds to. The cytotoxic T cells (CTLs) generated in adaptive immune responses will have
20 peptides on their T cell receptors (TCRs) that are complimentary to the foreign peptide exposed on the class I
21 MHC of the infected cells and to the identical self-peptides on the class I MHCs of uninfected cells.

22 When there are two complimentary peptides on the class I major histocompatibility (MHC) complexes present
23 on a cell's surface and the foreign peptide present on a virus binds to a complimentary peptide on the class
24 I MHC of one of them and infects it this will produce both an adaptive immune response to those cells and
25 complimentary peptides on the T cell receptors (TCRs) of the cytotoxic T cells (CTLs) generated there will bind
26 to Stop 2/23/2023 to the, immune response to the and an innate autoimmune response.

27 The adaptive response will be to the foreign virus peptide exposed on the class I MHCs of the infected cells and
28 the innate autoimmune response will be to the self-peptide exposed on the uninfected cells that are complimentary
29 to the peptide the virus binds to. The cytotoxic T cells (CTLs) generated in adaptive immune responses will
30 have peptides on their T cell receptors (TCRs) that are complimentary to the foreign peptide exposed on the
31 class I MHC of the infected cells and to the identical self-peptides on the class I MHCs of uninfected cells.

32 Cells are damaged in all three immune responses resulting in phosphatidylserine (PS) on their surface where
33 it.

34 **3 I. INTRODUCTION**

35 All biologic molecules are made of peptides and eukaryotic vertebrate cells expose their selfpeptides on the class
36 I major histocompatibility complexes (MHC) present on the surface of their membranes.

37 Viruses are protein molecules made by the eukaryotic cells of vertebrate species that apparently have no
38 intracellular functions or extra cellular function such as proteins involved in blood coagulation and immune
39 responses but if and when they gain access to the external surface of the epithelial pulmonary or gastrointestinal
40 surface they may become infectious pathogens.

41 Viruses are protein molecules made by the eukaryotic cells of vertebrate species that apparently have no
42 intracellular or extra cellular functions but if and when they gain access to the external surface of the epithelial
43 pulmonary or gastrointestinal surface they may become infectious pathogens.

4 THE HYPOTHESES PROPOSED HERE ARE THAT AUTOIMMUNE IMMUNE RESPONSES ARE INITIATED BY VIRUS INFECTIONS WHEN THE FOREIGN PEPTIDES ON THEM BIND TO ONE OF TWO COMPLIMENTARY PEPTIDES ON THE MHCs OF A CELL, THAT THE PHOSPHATIDYL SERINE (PS) MOLECULE IS EXPOSED ON THE TMEM16

FSCRAMBLASE MOLECULE IN BOTH THE INNATE AND ADAPTIVE IMMUNE RESPONSES WHERE IT GENERATES PHYSIOLOGIC CHECKPOINT MOLECULES (CPMs) THAT INFLUENCE THE OUTCOMES OF ALL THREE IMMUNE RESPONSES.

A virus infects eukaryotic cells & foreign peptide or peptides on its surface must first be complimentary to a class I MHC molecule. A foreign peptide is one that isn't exposed on a class I MHC molecule but is complimentary to one that is. When the virus infected cell replicates and it gains access to plasma in blood vessels the foreign peptides on its surface bind complimentary self-peptides on the toll like receptors of macrophages, dendritic cells and B cells of the lymphatic system. The foreign peptide on the class II MHC of the dendritic and B cells to initiate the adaptive immune response.

4 The hypotheses proposed here are that autoimmune immune responses are initiated by virus infections when the foreign peptides on them bind to one of two complimentary peptides on the MHCs of a cell, that the phosphatidylserine (PS) molecule is exposed on the TMEM16 Fscramblase molecule in both the innate and adaptive immune responses where it generates physiologic checkpoint molecules (CPMs) that influence the outcomes of all three immune responses.

In the following we will very briefly examine inflammation, blood coagulation, the innate and adaptive immune responses and the presumptive generation of physiologic checkpoint molecules (CPMs) generated in innate immune responses that influence the generation of the innate, adaptive and autoimmune responses.

Phosphatidylserine (PS) molecules are present on the membranes of all eukaryotic cells where they are kept on their cytoplasmic surface in an energy dependent manner but when the eukaryotic cells of vertebrates are physically damaged and when pathogens breach the vertebrate's epithelial barriers PS moves to their surface.

When the vertebrate cells are physically damaged the PS moves to their surface by the TMEM16 F scramblase molecule where it activates inflammation, activates all immune cells in an innate immune response by binding to their TIM and TAM receptors and it becomes the platform upon which the coagulation cascade generates thrombin.

When pathogens infect vertebrates the foreign peptides on the pathogens bind to self-peptides on the toll like receptors on immune cells and generate an adaptive immune response that generate foreign peptide specific cytotoxic T cells (CTLs) and antibodies.

When cells die by programmed cell death (PCD) and when they are lethally damaged caspase molecules direct PS exposure by the Xkr8 scramblase molecule where PS binds to TIM receptors on macrophages by the PS bridging molecule MFC-E8 and activates the phagocytosis of the PS+ cells.

Except for the macrophages that phagocytize the billions of cells that die by programmed cell death (PCD) each day the myelocytic and lymphocytic immune cells are predominantly dormant but when eukaryotic vertebrate cells are physically damaged and when pathogens with foreign peptides on their surface breach the vertebrates epithelial barriers they are activated.

Foreign peptides are those on the surface of pathogens that aren't exposed on class I MHC molecules but are complimentary to self-peptides exposed on class I MHC of eukaryotic vertebrate cells.

PS is present on the membranes of all eukaryotic cells where it's kept on their cytoplasmic surface in an energy dependent manner but it moves to their surface by the TMEM16F scramblase molecule when they are physically stressed or damaged and by the Xkr8 scramblase molecule when they die by PCD.

When cells are physically damaged calcium enters them and PS is exposed on TMEM16 F where it generates inflammation, activates all immune cells in innate immune responses by binding to their TIM and TAM receptors and becomes the platform upon which the coagulation cascade generates thrombin in blood coagulation.

Caspases activate PS exposure by the Xkr8 scramblase molecule on cells dying by PCD where London Journal of Medical and Health Research the PS on their surface binds to the PS bridging molecules MFC-E8 and they bind to TIM receptors on macrophages and activate them to phagocytize, disassemble and recycle their peptides.

When the foreign peptide on a virus bind to one of two or more complimentary peptides on a cell the cytotoxic T cells (CTLs) generated in the adaptive responses will have peptides on their T cell receptors (TCRs) that are complimentary to the foreign peptides on the class I MHC of the infected cells and to uninfected cells in the autoimmune response.

When the adaptive response has eliminated the virus the peptides on the TCRs of the CTLs will continue killing uninfected cells with peptides on their class I MHC that were complimentary to the peptide on the that the vi.

When the CTLs with peptides on their TCRs that are complimentary to the peptides on one of two peptides surface of the cells they infect they will.

In the CTLs generated when a virus binds to the foreign peptide on the class I MHC of a cell that has a

101 complimentary peptide on another of its class I MHC molecules the peptide on the CTLs TCR will be peptides
102 on the TCR of the CTLs.

103 The kind of cell the foreign peptide binds determines the kind of autoimmune response generated against
104 uninfected cells as is demonstrated when it binds to a beta cell that secretes insulin.

105 **5 It is also proposed that physiologic checkpoint molecules**
106 **(CPMs) are generated whenever PS is exposed on TMEM16F**
107 **and in autoimmune responses the The hypotheses proposed**
108 **are that autoimmune immune responses are initiated by**
109 **virus infections when the foreign peptides on them bind**
110 **to one of two complimentary peptides on the MHCs of a**
111 **cell, that the phosphatidylserine (PS) molecule is exposed on**
112 **the TMEM16Fscramblase molecule in both the innate and**
113 **adaptive immune responses where it generates physiologic**
114 **checkpoint molecules (CPMs) that influence the outcomes of**
115 **all three immune responses.**

116 In the following we will very briefly examine inflammation, blood coagulation, the innate and adaptive immune
117 responses and the presumptive generation of physiologic checkpoint molecules (CPMs) generated in innate
118 immune responses that influence the generation of the innate, adaptive and autoimmune responses.

119 **6 Inflammation**

120 Inflammation begins in adaptive immune responses when foreign peptides on pathogens bind to complimentary
121 peptides on the toll like receptors of macrophages and dendritic cells and activate their secretion of inflammatory
122 cytokines that stress somatic cells and expose PS on their surface by TMEM16F.

123 Inflammation begins in innate immune responses when PS is exposed on physically damaged cells by TMEM16F
124 and peptides on its surface bind to TIM receptors on macrophages and dendritic cells. In both immune responses
125 inflammation is generated when PS binds to the TIM-1 receptor on CD4 Th1 immune cells and activates their
126 feedback secretion of inflammatory cytokines that stress somatic cells and expose PS on their surface. This was
127 documented in 2017 when mice were infected with the Ebola virus and PS exposed on its surface produced a
128 lethal cytokine storm. When TIM-1 knockout mice were infected by Ebola the mice survived and an inflammatory
129 cytokine storm didn't develop. In that experiment the viral load was only minimally reduced proving that the PS
130 on the virus, not the virus itself produces the inflammation. Inflammation is a physiologic action that amplifies
131 adaptive immune response to respond to rapid pathogen generation but the Ebola virus is a long linear enveloped
132 virus with PS exposed all over its surface and in the septicemia generated in an Ebola infection the PS numbers
133 produce pathology. The same thing happens in other infections when PS exposure is excessive and also in massive
134 trauma.

135 **7 Blood coagulation**

136 Blood coagulation begins whenever cells are stressed or damaged and tissue factor (TF) and PS are exposed
137 with the TF initiating blood coagulation and PS amplifying it by being the platform upon which the coagulation
138 cascade generates thrombin [??, ??]. TF activates factors IX and X and activated factor Xa changes prothrombin
139 to thrombin and the thrombin activates PS exposure on platelets and initiates the cascade's feedback thrombin
140 generation. The TF activated factor IX is essential for cascade function and as such is a rate limiting component
141 of blood coagulation. Thrombin generated by the cascade binds to factor XI and activates it to bind to factor IX
142 to maintain cascade thrombin generation and for maximum thrombin generation activated factor XIIa will bind
143 to factor XI and activate its factor IX activation. However factor XII can't be activated intravascularly because
144 it must bind to sulfatide exposed on the surface of activated platelets and activated platelets secrete a factor XII
145 activation inhibitor.

146 When vascular walls are breached collagen is exposed and PS+ activated platelets with sulfatide on their
147 surface bind to it and the factor XII activation inhibitor is washed away and maximal thrombin generation takes
148 place at the breach.

11 OTHER PS

152 cell when CTLs generated in the adaptive response bind to identical peptides on the MHC of non-infected cells
153 and damage and kill them.

154 9 Adaptive immune response

155 In an adaptive response the foreign peptides on the surface of a virus bind to self-peptides on the surface of toll
156 like receptors on macrophages, dendritic cells and B cells and activate them to secrete inflammatory cytokines
157 and to phagocytize, disassemble and expose their peptides on their MHC molecules.

158 The inflammatory cytokines stress somatic cells and they expose PS on their surface that binds to TIM-1
159 receptors on Th1 immune cells and they secrete more inflammatory cytokines to amplify the innate response.

160 The viral self-peptides are exposed on those cells class I MHC and its foreign peptides are exposed on the class
161 II MHC of dendritic cells and B cells.

162 The foreign peptides on the class II MHC of the dendritic cells bind to complimentary selfpeptides on the class
163 I MHC of CD4 and CD8 T cells and activate them.

164 The self-peptides on the activated CD4 cells bind to foreign peptides on the class II MHC of B cells and they
165 secrete foreign peptide specific antibodies that cloak viruses generated by infected cell to prevent more cells from
166 being infected.

167 They will also bind to pathogens and be joined there by compliment that enables their removal.

168 The activated cytotoxic CD8 T cells (CTLs) will have peptides on their T cell receptors that are complimentary
169 to the foreign peptides on class I MHC of infected cells and kill them.

170 10 Innate immune responses

171 Innate immune responses repair physically damaged tissues and those innate responses are activated when PS is
172 exposed by TMEM16F and it binds to complimentary peptides on the TIM and TAM receptors that are both
173 present on the surface of each immune cell and they are activated to secrete cytokines that direct the repair.

174 Peptides on PS aren't complimentary to TAM receptors and must bind to complimentary peptides on the
175 Gas6 and ProS bridging molecules and peptides on them bind to peptides on the Tyro3, AXL and Mer TAM
176 receptors.

177 It proposed that TIM and TAM receptors are on/off switches that are activated by some PS peptides binding
178 directly to TIM receptors on all immune cells and secreting cytokines to turn them on and other PS peptides
179 binding indirectly to TAM receptors to secrete turn them off.

180 11 Other PS

181 It is also proposed the that individual peptides on PS bridging molecules determine which immune cells need to
182 be turned off in innate immune London Journal of Medical and Health Research ^{1 2 3}

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² Autoimmune Responses and the Roles of Virus Infections, Complimentary Peptides, Phosphatidylserine and

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183 responses but that they all secrete the same off cytokine switch.

184 That cytokine switch has a peptide on it that is complimentary to the PS receptors on activated CTLs and
185 macrophages and prevents them from recognizing and killing and phagocytizing physically damaged cells in
186 innate immune responses.

187 .1 REFERENCES